



"The Foxworthy"

Winter 2009



Attendance Line 508-543-1626
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From the Principal Jeffrey S. Theodoss

Dear Parents,

The next principal's coffee is scheduled for December 17th at 9 a.m. (*note the time change*) in the media center. The intent of the coffee is to develop agenda items of interest, while keeping parents and community members up-to-date on events and changes occurring at FHS. If you would like to participate in the discussion or learn more about a particular topic, please contact my secretary, Ms. Sheila Sneyd @ 508-543-1616.

To date approximately 60% of our parents have signed up for access to PowerSchool. It is important to remember that the high school will no longer be issuing progress reports (*normally issuing of progress reports would take place December 15th*). As I have previously mentioned, teachers will be responsible for monitoring daily student attendance and updating grades at a minimum of every two weeks. The intent is to give parents a better understanding of their child's progress, in a timelier manner.

I urge all parents to sign up for PowerSchool. Please come into the school and sign the acceptable user policy, and our secretarial staff will supply you with a user name and password. If parent access to a computer is not possible, we will gladly print a PowerSchool report for the student; however, you or your child must request a progress report.

Also, previously mentioned in the October *Foxworthy* was the upcoming mock "extended time" schedule. Beginning December 3rd and running until December 22nd, the high school is conducting a two-week mock schedule that will include extended time one period each day. The longer block will run for 80 minutes, but the daily rotation and classes associated with each day will remain the same. The intent of the block is to provide teachers with more flexibility with their lesson planning. Science lab experiments may be extended to provide more time for discovery and discussion. Physical education activities could partner with the skating rink or the YMCA for increased programming opportunities. Debates, project presentations, wood construction classes or cooking classes will be less hurried to complete assignments. After the 14-day cycle is complete, students and faculty will be surveyed to determine the acceptance and feasibility of the plan. We will update you as to the progress of this schedule.

As the winter vacation draws near, I would like to wish everyone an enjoyable holiday and Happy New Year.

...Jeff Theodoss

NEWS FROM THE STUDENT COUNCIL

....From Student Council Advisor – Senorita Smith



TURKEY HUNT - The Student Council held its annual Turkey Hunt on Thursday, November 19th. Five teams had to race to gather their turkey dinner donations and bring them to the cafeteria to be counted. Points were assigned for speed and number of donations. The winning team was the Teacher Appreciation Committee, chaired by Chelsea Laracy and Nirali Vagadia. As a result, the Student Council donated eleven turkey dinners to the Foxborough Discretionary Fund.



EARNED ON MEMBERSHIP INDUCTION – Students who have been unofficially participating in Student Council since September will be inducted as full members at the December 9th meeting. Students will be inducted if they have not missed more than one of the five official meetings or activities. After the induction ceremony, there will be a Yankee swap for the students. (\$5.00-\$10.00)



MR. F.H.S. PAGENT – FEBRUARY 25TH - Mr. FHS is scheduled for Thursday, February 25th. It will be open to all of our talented and not so talented young Foxborough men. Great event! Don't miss it!



CAMP SUNSHINE - The regional Student Council association, S.E.M.A.S.C., has challenged its member schools to raise \$1,500.00 over this school year to send a family with a terminally ill child to Camp Sunshine in Point Sebago, ME. The F.H.S. Student Council has donated \$750.00 from "Homecoming" to this cause, and will be working to raise the remaining \$750.00 throughout the year.

Happy Holidays from Student Council!!

From the Music Department Mrs. Leanna Pink-Sewell



The following students have been accepted into the Southeast Massachusetts District Music Festival:

Ian Ayers*	Guitar Jazz Band
Ashley Conger	Oboe Band
Kevin Eagan*	French Horn Band
Rachel Fuller*	Tenor Saxophone Band
Sophie Kass*	Clarinet Band
Mairead Leahy*	Bass Clarinet Band
Christian Lyman*	Drum Set Jazz Band
Victoria McComb*	Soprano Chorus
Rob Mortenson*	Tuba Band
Matthew Muirhead*	Trumpet Band
Anna Opatka*	Bassoon Orchestra
Kaileigh Riess*	Soprano Chorus
Connor Schultze*	String Bass Jazz Band
Kathleen Sharpe	Soprano Chorus
Maureen Sharpe	Alto Chorus
Kathryn Shea	Soprano Chorus
Brendan Thomas*	Tenor Sax Jazz Band
Cooper Vacheron*	Trombone Jazz Band
Eric Weiss	Violin Orchestra

*These students have been recommended for the Massachusetts All-State Festival auditions.

History Club

The Foxborough High School History Club completed an historical research project in time for Veteran's Day. Students "adopted" a veteran from one of the monuments in the center of town. They researched this veteran by looking at online sources, print sources and old high school yearbooks. Some students were able to get pictures of their veterans from these sources. The pictures and information were used to create a display in the high school's media center for the school community to view.



The club's next event will be a visit to the 236th Boston Tea Party Reenactment taking place at Old South Meeting House in downtown Boston on Sunday, December 13th.
...Mrs. Marla Lonergan, History Club Advisor



ATHLETIC NIGHT

Foxborough High School will host a winter sports night on Wednesday, December 9, 2009 at 7:00 p.m.

in our auditorium. The night will present an opportunity for administrators, coaches, and parents to discuss the school and coaches' policies and expectations for student behavior and participation in the sports programs at FHS.



David McLaughlin, Stonehill Men's Basketball Coach, is our guest speaker. Any athlete participating in a winter sport must attend the event accompanied by a least one-parent / guardian. This will be the second of three seasonal sports nights to be conducted to ensure all athletes and parents are versed in the school's expectations for our athletes. The event will run for approximately an hour and a half.

~~Winter Sports~~

Boys/Girls Basketball, Boys Wrestling
Hockey, Cheerleading,

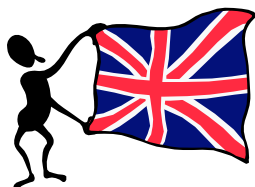


Boys/Girls Indoor Track

....Craig Najarian, Athletic Director

Drama Club News

~~ Mrs. Shannon Wasilewski~~
AKA~ MS. WAZ



The Drama Club goes to London!

Members of the Drama Club will be “crossing the pond” in February to tour London. The itinerary includes all of the usual attractions “Look kids, Big Ben, Parliament”, as well as several theatre-related tours. In addition, we will get a chance to tour Shakespeare’s birthplace and see his gravesite when we visit Stratford-on-Avon.

Not only will we get to see a show at the National Theatre, but we will also be treated to a backstage tour and an acting workshop with the actors. The highlight of the trip will be a tour and theatre workshop on the stage of the Globe Theatre!

The Drama Club is currently accepting any and all donations to help defray the travel costs. If you are interested in the trip, or would like to make a donation, please contact the advisor, Mrs. Wasilewski, at 508-543-1616 or email her at wasilewskis@foxborough.k12.ma.us.



The Brothers Grimm Spectaculathon is a Huge Success!!

Congratulations to the cast and crew of the Drama Club’s fall play *The Brothers Grimm Spectaculathon*! The show was a huge success and received rave reviews. Stay tuned for announcements about the spring musical and make sure you mark your calendars for the 3rd Annual Teacher Talent Show on January 14th!

Contact Ms. Waz at

wasilewskis@foxborough.k12.ma.us with any questions!

News from Ms. Kathleen Porter Media Center Director



Where is your school library? Hmm.....
What happens when you put **fhslearningcommons** into Google?

Did you know you can search our catalog, and those of all the other SAILS member libraries, from the comfort of your home? You can place holds on books, movies, and audio recordings to pick them up at school with just your student ID plus 'f' (for Foxborough) in place of a barcode and your PIN. How easy is that? You can even access downloadable content including audio files and eBooks immediately, right on your home computer.

You can get literary criticism in the Writing Lab, or Science reference books in the Science Department's computer lab, just by visiting our **Electronic Resources** page. The FHS Infotrac password is **melody**.

Use the library to help you manage your homework by saving educational files to a secure account maintained by the Mass. Dept. of Elementary and Secondary Education at <http://massone.mass.edu>. See the librarian to get your username and initial password. Use it as a virtual hard drive instead of or in addition to a flash drive.

If you would like to help improve your Media Center online or in the school building, please contact Ms. Porter at porter_k@foxborough.k12.ma.us.

Keep up the good work and Happy Holidays!



Coffee with Principal Theodoss

The next "Coffee with the Principal" is scheduled for

Thursday, Dec. 10th, at 9:00 a.m. in the 2nd floor Media Center. The meetings are an open discussion of topics of interest to parents and guardians with Principal Jeff Theodoss and guest speakers. The schedule could change, so please be sure to confirm the meeting dates on the school calendars. Please join us!!



**Students Against
Destruction Decision**

S.A.D.D. Advisor: Mrs. Sara Bryant

Foxboro S.A.D.D., (*Students Against Destructive Decisions*), is becoming more involved in the community each month this school year.

Lead by officers Elizabeth Lally, Isha Raval, Michelle So, Nidhi Vora, Gretta Schaaf and Jenna Krysko, the group has nearly doubled its number of members from last year, with about 60 students signed up. In October, a portion of S.A.D.D. members participated in the H.U.G.S. Walk at the Ahern School, helping raise money for the "Help Us Get Safe" organization. This organization works to raise awareness of, and to aid victims of, domestic violence.

Later in the month, a group of S.A.D.D. members also attended the Intervention Town Hall Meeting at Showcase Live, which featured guest speakers Cameron Clapp, Kathi Meyer, intervention specialist Jeff VanVonderen, and District Attorney Sam Sutter. The meeting, which discussed the issues surrounding teen drinking in the area, was open to all who wished to attend, and had a tremendous turn-out.

Within the school, S.A.D.D. kicked off its first of many planned Awareness Weeks for the year with Smoking Awareness this November. Members wore their red S.A.D.D. shirts on November 20th, and red ribbon pins throughout the following week. Announcements were made and posters were hung around the school with informative messages about the dangers of smoking, and sheets of paper with similar information were slipped into lockers. Hopefully, an impact was made!

S.A.D.D. has planned an awareness week for each month, with an upcoming "Impaired Driving Awareness Week - Lights on for Life" from December 14-18. Also in December, S.A.D.D. will create a unity chain, in which each link will bear a student's name and a message from S.A.D.D., to display in the school cafeteria. This chain was a huge success last year, and S.A.D.D. hopes that it will once again make an impact on the student body by demonstrating the importance of making wise decisions and the impact of one decision on every other person in the chain.

S.A.D.D.'s agenda for this year includes:

- Self-Destruction Awareness Week in January,
- Teen Dating Violence Awareness Week in February,
- Eating Disorders Awareness Week in March,
- Alcohol Awareness Month in April,
- And to culminate, a Prom and Graduation Safety campaign in May and June.

S.A.D.D. also hopes to invite guest speakers to motivate and inspire high school students to make safe decisions. The club is looking forward to a successful and exciting second year!

...Mrs. Sara Bryant



Guidance Department News

Department Head...Mrs. Lauren White

PERFECT SAT SCORES CLASS OF 2010



(Pictured: Left to Right)

Taryn Laubenstein scored 800 in both
Mathematics and Writing

Meghan Lowey scored 800 in Critical reading

Ashley Conger scored 800 in Mathematics

Brian Almeida scored 800 in Critical Reading

Doesn't get any better than this!



PATHWAYS TO CAREERS

Ms. Ellen Pillsbury, School to Career Specialist, in collaboration with Foxborough High School Guidance department, has put together a booklet entitled Pathways to Careers. This brochure provides links between school and work to help guide students in choosing their high school courses. Students should take courses in high school that will prepare them for the changing job market they will enter after college. At the completion of their high school experience, students should be able to demonstrate creative thinking, innovation, computer knowledge, motivation, great communication and interpersonal skills, flexibility, and a solid academic background. We encourage students to use Naviance, a career and college internet based exploratory program (<http://connection.naviance.com/foxborough>). This brochure will be available on the FHS Guidance website as well as in the guidance office at the high school.

JOHN AND ABIGAIL ADAMS SCHOLARSHIP

Foxborough High School is proud to announce that fifty-five of our seniors have qualified for the John and Abigail Adams Scholarship based on their performance on the spring 2008 grade 10 MCAS tests. These students scored in the advanced category in either Mathematics or the English Language Arts section of the grade 10 tests and scored in the Proficient or Advanced category on the second subject (Mathematics or English Language Arts). These students combined MCAS score on these assessments have ranked them in the top 25% at Foxborough Public School. The purpose of the Adams Scholarship is to reward and inspire student achievement, to help attract more high-performing students to Massachusetts public higher education, and to provide families of college-bound students with financial assistance.

The Adams Scholarship provides a tuition waiver for four years of undergraduate education at the University of Massachusetts, the seven state colleges, or fifteen community colleges. Students who receive this Scholarship must complete their college studies in four years or less and maintain a 3.0 grade point average. The waiver does not cover fees, books, or other expenses.

Congratulations to the following Foxborough High School seniors who have qualified for the John and Abigail Adams Scholarship this year:

Brian C. Almeida	Taryn D. Laubenstein
Sarah E. Appleby	Tyler M. Lorenz
Carolyn E. Augusta	Meghan A. Lowey
Jared W. Buckley	Benjamin J. MacDonald
Dominique J. Cammarata	John P. Maloney
Leanne Carey	MacKenzie R. Mann
Emma T. Carroll	Taylor N. Martinelli
Jennifer P. Chalmers	Carley A. Martyniak
Ashley M. Conger	Caitlin R. McCarthy
Lyndsey R. Conway-Smith	Victoria A. McComb
Kerri A. Cunningham	Sarah L. McMahon
Matthew W. DeFazio	Robert B. Mortenson
Kirill Y. Degtyarenko	Fatima M. Mufti
Caitlin C. Dorr	Dillon P. Myers
Connor A. Echols-Jones	Katelyn J. Olsson

Caroline M. Eva	Nicholas R. Pacitti
Danielle B. Gaudet	Olivia M. Parsons
Jenna L. Guy	Susan J. Pelick
Laura J. Herlihy	Jossana M. Rasla
Brandon S. Homer	Nisha S. Shah
Alan P. Humphrey	Cameron C. Shaw
Erin E. Johnson	Meghan M. Shaw
Gina M. Kackloudis	John P. Slaby
James T. Keenan	Samantha L. Smith
Christopher A. Kelm	Michelle W. So
Jenna S. Krysko	Jeremy E. Thayer
Elizabeth A. Lally	Nidhi A. Vora
	Janelle M. Walsh



TUTORING

Two math tutors were hired to give academic support throughout the school day and after school. We have a certified Math teacher in the building from 7:30am-3:00pm daily, in the upstairs Media Center. Please encourage your child to attend this beneficial service, which does not interfere with classes and has no financial obligation. We should also have an English tutor available within a few weeks.

Pilot Program at Foxborough High School

Boys II MEN's

In conjunction with the Norfolk County DA's Office, the guidance office is sponsoring a program offering a variety of educational benefits for our county's youth. The group is entitled **Boys II MEN**. **Boys II MEN's** focus will be breaking down established negative theories and behaviors towards others, specifically women, adults and themselves. Topics will include **success, respect, responsibility, self awareness, self-esteem, personal development, community, critical thinking and dedication**. We will then gather once a week during the lunch block.

If you have any questions, please contact the Guidance Department at 508-542-1620.



National Honor Society

NHS Advisors, Ms. Kelly

Shah &

Ms. Caitlin

Annicelli

shaughnessyk@foxborough.k12.ma.us

annicellic@foxborough.k12.ma.us

The Foxborough High School chapter of the National Honor Society has certainly been busy lately, between community service week, tutoring and the annual Powder Puff game. Senior Gina Kackloudis spearheaded the National Honor Society's first community service week. The week was a success and raised an abundance of food and other necessities. All of the items donated went to help others through the local Discretionary Fund, just in time for Thanksgiving. The National Honor Society continues to hold tutoring sessions every Thursday after school. Students interested in getting help in different subject areas can sign up in the Media Center. Seniors Nicki Cammarata and Danielle Gaudet did a tremendous job organizing this year's Powder Puff game. The Senior Team led by Rachel Jamieson and Livie Roma defeated the juniors 26-0. Not only did it raise money for the National Honor Society, but it also was a good show of Foxborough High School spirit!

The National Honor Society looks forward to adding a new group of inductees on December 16th.

Congratulations to all the new members for their hard work and dedication to service.

The following students will be inducted during the December 16, 2009 ceremony at 6:30 p.m.

Benjamin L. Alden	Edward F. Lincoln
Sarah E. Andres	Kerry L. MacCallum
	Joanna L.
Tyler C. Appel	Magnuson
Tristan C. Ballard	Nicole E. Maloney
	Lianne B.
Andrew S. Bradley	McCarthy
	Kristen M.
	McMullen
Caroline F. Cammarano	
Courtney P. Cappadona	Isha A. Raval
Margaret R. Cavanaugh	Tayla M. Ross
Samantha N. Dorman	Anna B. Sangree
Leah W. Duncan	Gretta N. Schaaf
Connor J. Foley	Amber L. Scotton
Megan A. Fusco	Allison E. Smiley
Dylan J. Heinricher	Victoria L. Solomon
Elsie A. Helou	Leigh A. Tacey
Jake A. Hyland	Brendan V. Thomas
Chelsea M. Laracy	Nirali R. Vagadia
CONGRATULATIONS!	

Science Club

By Department Head - Mr. Paul Charpentier

The Science Club, under the direction of co-advisors Ms. Keohane and Ms. Lins, will be participating in the Science Olympiad in March. During this event, teams from area high schools will compete in various science-related challenges in all areas of Science and Engineering. Winning and losing is not important—the Science Olympiad is always lots of fun! Teams must be composed of students from all grades (9-12), enrolled in all science courses, from freshman Physical Science to senior Physics. The club meets every two weeks to both practice for the Olympiad and also for other interesting science activities.

Any interested student should contact Ms. Keohane at keohanee@foxborough.k12.ma.us or Ms. Lins at linss@foxborough.k12.ma.us

Happy Holidays from the Science Department!



“Senior Night Live”

2010 All-Night Graduation Party

Thank you to all who have already volunteered to help create this wonderful party for our 2010 Graduating Seniors! We still need many more volunteers to help with various tasks. Any help would be greatly appreciated.



Please view our website:

teacherweb.com/MA/Foxborough/FHSSeniorNightLive for information regarding this important event or email

Karen (keblakeley@gmail.com) or Rose at (roselincolnphotography@gmail.com) to volunteer. Our scheduled meetings are posted on our website.

Thank you,

The 2010 SNL Committee

English Department News !

From Ms. Laura Cronin, English Department Head

The English Department would like to make Foxborough High School students aware that there are many opportunities available to those students who would like to showcase their writing skills. Creative writers can submit their work to the literary magazine, and aspiring journalists are always welcome on the staff of the student newspaper. Ms. Guimond is the Literary Magazine Advisor and Mrs. Carlton is the advisor of the school newspaper.

In addition, the English Department has received notification of several “off campus” opportunities for English students. The following groups have notified of us of contests for which FHS students are eligible:

- *The Boston Globe Scholastic Writing Awards*

- *Susquehanna University's "The Apprentice Writer"*
- *Creative Communication - Poetry and Essay Contest*

Foxborough students who are interested in the above contests should see the Department Director, Ms. Cronin, in person or contact her at croninl@foxborough.k12.ma.us.

Middlebury College and the University of St. Andrews (Scotland) have also sent information to the department regarding writing conferences to be held on those campuses. Again, please see Ms. Cronin for more information about those opportunities.

Luckily, all Foxborough students will benefit from some great opportunities here on our own campus due to the generosity of the FACES Program. In the spring of 2010, the department will once again host live Shakespeare performances for all freshmen, sophomores and seniors. In addition, an "American Writer's Day" will be hosted for all juniors. More information about these performances will be publicized in the next Foxworthy.

Happy Holiday and Happy New Year from the English Department!

**HAPPY
HOLIDAYS**



LAST MINUTE NEWS
ARRIVED JUST BEFORE WE WENT TO PRINT!!

The Student Council has been very, very busy planning all kinds of events for the month of December...

From Monday December 14th to Tuesday the 22nd we will have penny wars between all four classes in the cafeteria through all lunches. The winning class will receive half the profits for their treasury and the other half will go to **Camp Sunshine**, an organization for terminally ill children and



their families. (Pennies are positive points towards the class total and any silver coins or dollar bills subtract points from the class's total.)

We are also bringing back **hall decorating**! Decorating should be complete for judging on Friday, December 18th. We will be looking for teacher judges.



Finally, there will be a spirit week from Mon. Dec. 14th - Fri. Dec. 18th

to get everyone excited for the holiday season, vacation, hall decorating, and penny wars. Currently the ideas we are playing with for the days are: class/holiday color day, ugly sweater day, outer wear/ snow gear day, and dress up like a nerd day. So that is what we are working on, mark your calendars!



Student Council President, Lyndsey Conway and
Student Council Vice President, McKenzie Mann

December - 2009 Days of the Cycle						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Day 6	2 Day 7	3 Day 1	4 Day 2	5
6	7 Day 3	8 Day 4	9 Day 5	10 Day 6	11 Day 7	12

13	14 Day 1	15 Day 2	16 Day 3	17 Day 4	18 Day 5	19
20	21 Day 6	22 Day 7	23 Day 1	24 No School	25	26
27	28 No School	29	30	31		

Please mark your calendar.

- Dec. 3 Extended Block
Math Team Meet
- Dec. 4 Extended Block
- Dec. 5 SAT I & II - Not at FHS
SE District Junior Festival
- Dec. 7 Extended Block
School Committee - 7:00 p.m.
- Dec. 8 Extended Block
- Dec. 9 Extended Block
Athletic Night - 7:00 p.m.
- Dec. 10 Extended Block
School Council - 3:00 p.m. - 5:00 p.m.
Holiday Concert - 7:00 p.m.
- Dec. 11 Extended Block
- Dec. 14 Extended Block
- Dec. 15 Extended Block
Parent Leader Mtg. - Dr. Martes 9:00 a.m.
Progress Reports - Term II
- Dec. 16 Extended Block
National Honor Society Induction – 6:30 p.m.
- Dec. 17 Extended Block
Coffee with the Principal - 9:00 a.m.
Caroling on the Common - 6:00 p.m.
Financial Aid Night with Joe O'Neil - 7:00 p.m.
- Dec. 18 Extended Block
- Dec. 21 Extended Block
School Committee - 7:00 p.m.
- Dec. 22 Extended Block
- Dec. 23 Extended Block

Please refer to the on-line calendar for further dates at:
www.foxborough.k12.ma.us. Click on the FHS website.